



SANDAS

South Australian
Network of Drug & Alcohol Services

2016 Annual Report



South Australian Network
of Drug and Alcohol Services

12th Annual Report 2015-2016

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Network of Drug and Alcohol Services

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Enquiries should be addressed to the Executive Officer,
South Australian Network of Drug and Alcohol Services*

Formed in 2004, the South Australian Network
of Drug and Alcohol Services (SANDAS) is
the peak body representing the state's Non-
Government Organisation (NGO) Alcohol and
Other Drugs (AOD) sector.

SANDAS works with its members and
stakeholders to reduce the harmful impact of
alcohol and other drugs through independent
representation at national and state levels,
providing opportunities for networking and
collective action through information sharing,
advocacy, training and policy review.

The work of SANDAS is supported by a
secretariat comprised of an Executive Officer,
Senior Policy & Project Officer, part-time
Finance and Admin Officer and
part-time Project Officer - Comorbidity,
Quality & Communication.



SANDAS acknowledges and appreciates
ongoing support from:

- Commonwealth Department of Health
- SA Health – Drug and Alcohol Services SA (DASSA)

SANDAS Board Members

- Helene Nielsen - Chair
(Centacare)
- Carol Gannon - Secretary
(Uniting Communities)
- Mark Anders - Treasurer
- Adam Sherwood
(Mission Australia)
- Debby Kadarusman
(Drug ARM Australasia)
- Karen Flenche
(Salvation Army)
- Cindee Richardson / Deirdre Flynn
(Catherine House)
- Ben Hehir
(Northern Area Community and Youth Service – NACYS)
- Mark Hubbard
(Individual Member)
- My Phuong Sramek
(Community Access & Services SA – CASSA)
- Kyp Boucher
(Life Without Barriers)
- Michael White
(Ex Officio)

Executive Committee Members

- Helene Nielsen
- Carol Gannon
- Mark Anders
- Michael White

Advocacy and Representation
Sub-Committee Members

- Mark Hubbard
- Debby Kadarusman
- Karen Flenche
- Sam Raven
- Michael White

Evidence and Practice
Sub-Committee Members

- Helene Nielsen
- Carol Gannon
- My Phuong Sramek
- Michael White
- Sam Raven

SANDAS Secretariat

- Michael White, *Executive Officer*
- Sam Raven, *Senior Policy & Project Officer*
- Bec Rilett, *Finance and Admin Officer (0.8 FTE)*
- Lesli Bevan, *Project Officer – Comorbidity, Quality & Communication (0.6 FTE)*

Board members resigned 2015-2016

- Cindee Richardson - replaced by Deirdre Flynn

Staff resigned 2014-2015

- Nil

"...*SANDAS* has a
responsibility to
introduce **facts,**
evidence and
greater balance
into the public
discourse..."

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Another hectic year for the AOD Sector and SANDAS with service demands high and funding relatively stable.

This year has seen the emergence of a new Commonwealth funding model through the Primary Health Networks (PHN). In response to the National Ice Taskforce Report the federal government allocated extra funding, which the PHNs will distribute, for the treatment of alcohol and other drug issues. We have two PHNs in South Australia (Adelaide PHN and Country SA PHN) and hope that this new funding will lead to better service coverage and accessibility for AOD clients. At SANDAS we are looking forward to working with the PHNs and the services they will be funding. We are excited about the connections we have made with each of the two South Australian PHNs and hope to build on these so that together with other stakeholders we can continue to develop our already strong and professional sector.

SANDAS have continued to be a major facilitator of professional development for the AOD sector. The Evidence and Partnership sub-committee, chaired by Carol Gannon, has been supporting the SANDAS team to identify the emerging trends and needs in the sector to assist in planning future professional development events and partnerships. SANDAS has been involved in developing the 'Slots and Shots: A Gambling Resource for AOD Workers' in partnership with Odyssey House Victoria and National Centre

for Education and Training on Addiction (Flinders University). Following on from that we received funding to develop a South Australian edition and roll out training to four locations. The training will commence late 2016.

Methamphetamine continued to be a hot topic in 2015/16 and consequently the SANDAS Advocacy sub-committee, chaired by Mark Hubbard, has had a focus on steering public debate around methamphetamine. The sub-committee saw that SANDAS has a responsibility to introduce facts, evidence and greater balance into the public discourse.

SANDAS has launched a new website this year which we hope enables our members to improve their communication with us, be better informed and ease the process when registering for training. Please visit our website at www.sandas.org.au if you are not familiar with it. As the peak body for AOD Non-Government services we want to ensure that your voice is heard and we invite you to contact us if you have concerns or want to discuss any sector issues.

We have been fortunate to have a very stable and experienced team working with Michael at SANDAS this year. I would like to take this opportunity to thank them all for their hard work and dedication throughout the year. I would also like to thank the Board for their ongoing commitment.

Helene Nielsen
Chair – Board of Directors, SANDAS

The 2015-2016 year has been another busy one for SANDAS...

The factors contributing to individual and community health and wellbeing are many. Whilst some issues are amenable to change within the practice of a single organisation, this is rare. Generally, sustainable change requires the input of a range of services, working together effectively. This requires that they have good relationships with other organisations in their own sector and across a range of related sectors. It is essential that relationships exist between workers, organisations, and at a structural level, between sectors.

It also requires that there is an enabling environment at local, state and national level. This is achieved through the development of policy (informed by evidence from research and practice), provision of adequate funding and recognition of the value of each person as a contributing member of society.

Also critical is the way our community leaders (politicians, the media, educators), family and friends, and we as clinicians and workers speak about these issues. There is very good evidence to show that help seeking is significantly inhibited by external and self-stigmatising behaviours.

SANDAS and our members are committed to supporting the development of inter-sectoral practice through the work we do with other sectors to enhance their understanding of AOD issues and by bringing to the AOD sector a greater understanding of the work of other related sectors. By supporting clients to address the range of complexities they face we respect their agency and empower them to take control of their lives.

I would like to highlight a few key examples of this work:

- The development of gambling resources for the AOD sector, including "Slots and Shots: A Resource for AOD workers," a client flyer and waiting room poster. This work was done in collaboration with Odyssey House Victoria and the National Centre for Education and Training at Flinders University, funded by the Victorian Responsible Gambling Foundation with SA versions funded by the Office for Problem Gambling (DCSI).
- Presentation on gambling and young people at the 'Technology Children and Families 2016 – The Good, the Bad and the Ugly Symposium' May 2016.
- Presentations at 12 community forums on the impact of crystal methamphetamine and alcohol and other drug use on SA communities.
- Ongoing work with the South Australian Council of Social Services contributing to submissions, working parties and meetings with government around service standards, funding models, service improvement and service demand and supply.
- Representation of the AOD sector in consultations with state and federal funding bodies including DASSA, the federal Department of Health Drug Strategy Branch, and the Primary Health Networks as emerging commissioning bodies.
- Provision of submissions to a range of government enquiries and consultations, both state and federal.

- Work with Justice Reinvestment South Australia on the intersection between AOD and the correctional services system.
- Work with the National Joint Peaks Network, made up of representatives from each of the Australian Jurisdictions and incorporating the Comorbidity Project Officers Network.
- Our longstanding engagements with the Family Alcohol and Drug Network, the South Australian Youth Alcohol and Drug Network and a range of other inter-sectoral networks.

This work could not be undertaken without the support and engagement of many others. I would like to take this opportunity to acknowledge the strong relationships developed with our colleagues at DASSA. I also thank our colleagues in the Department of Health for their involvement and support over the year.

I would also like to acknowledge and thank the staff of SANDAS - Sam, Lesli and Bec - for the amazing work they do. We are a very small team and often have to manage big projects and changes. The team do this with quiet confidence, humour and a strong commitment to the members and the work of the sector. I would also like to thank the members of the Board for their forthright input, considered advice and commitment to the work of SANDAS and the sector over the year.

Michael White
Executive Officer

*"...to achieve
health and wellbeing
for
individuals and
communities
requires
the input of a
range of services..."*



NGO & Government Alcohol and Other Drug Treatment Services Sector Forum

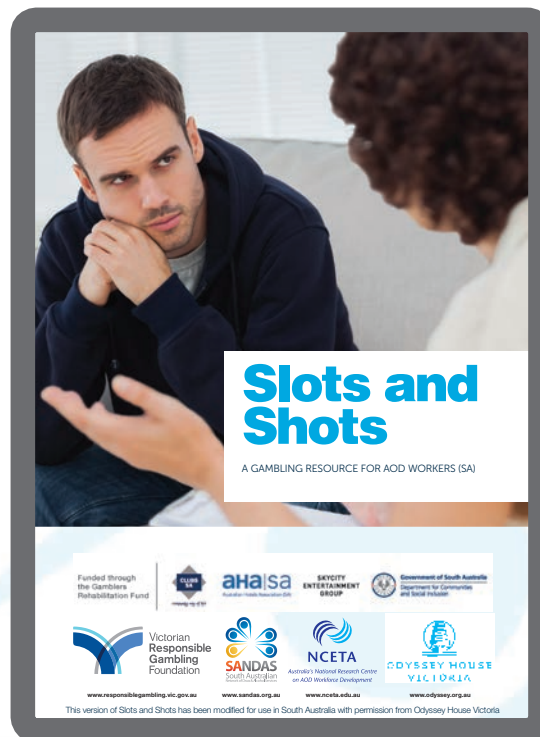
SANDAS held a sector forum in August 2015. The SA Health funded AOD sector was recommissioned with new services beginning 31st July 2015. The forum was primarily to inform the sector of the changes. The forum brought together workers from Drug and Alcohol Services SA (DASSA) and the NGO AOD sector to be informed about:

- DASSA Changes to Model of Care & Services Available to clients (incl DASSA Referral Guidelines)
- Changes to the Police Drug Diversion Initiative
- SA Health funded NGOs short presentations and changes to services
- Recent activities in Consumer Engagement
- SANDAS membership & services offered

The forum was attended by approximately 70 workers from the AOD, Mental Health and broader community sectors.

Gambling Project

In 2014 SANDAS commenced working with Odyssey House Victoria and the National Centre for Education and Training on a resource designed to increase AOD workers' understanding of and confidence to deal with clients' co-occurring gambling problems. This project was funded by the Victoria Responsible Gambling Foundation. This year, SANDAS received funds from the Office for Problem Gambling to adapt the resource for South Australia, and design workshops to be delivered to AOD workers in metro and regional areas in the coming financial year. We co-presented a paper at the APSAD 2015 Conference on this work.



Media & Community Engagement

Media coverage throughout the year concerning crystal methamphetamine usage led to numerous media enquiries and community forums. SANDAS has responded to these in various ways, including radio and TV interviews and inclusion in expert panels at forums in both metropolitan and regional locations. The focus of the SANDAS response has been to communicate accurate information based on latest available data and also reinforcing that effective treatment services are available. Comment has also been provided on topics such as pill testing at music festivals, the effectiveness of various treatment models, illicit drug use in sport and the emergence of new psychoactive substances.

Treatment Outcomes Measurement Project

SANDAS has been working in partnership with Drug and Alcohol Services SA to develop an improved understanding of how outcomes are measured in the sector, with a view to improving data collection and capturing the effectiveness of AOD treatment. This working group is currently focused on sector consultation, including clients and carers, and developing a suite of measurement tools for use by both government and non-government services. The group held a sector roundtable in June 2016, attended by representatives of non-government organisations, government services, research centres, interstate AOD peak bodies, service users and Primary Health Networks. Services shared how they currently measured outcomes, the challenges this creates, what they felt was important in the development of outcomes tools and how they saw the sector moving forward in this process.

New website

SANDAS launched its new website this year, allowing improved processes for sharing information and resources, management of events and trainings, and providing a map of treatment services in South Australia.

The Cross Sectoral Capacity Building Strategic Partnerships Project (CSCBSPP)

The CSCBSPP exists to support the South Australian Alcohol and Other Drug Sector to increase the capacity of its workforce to respond to clients with co-occurring alcohol and other drug and mental health issues.

- The Co-Morbidity Network Group meets every 6 weeks to discuss issues, hear guest speakers, share information and support the capacity building activities in each of the

Substance Misuse Service Delivery Grant funded organisations. This network is well attended and provides a valuable opportunity for organisations. Some of the particular challenges tackled by this group include how to support effective consumer involvement in services, supporting clients to navigate the mental health system and measuring client complexity and outcomes.

- The Peaks Capacity Building Network meets every month via teleconference to share information and resources with the Alcohol and Other Drug Peak Bodies in all states and territories. This group is currently working on developing joint projects on topics that cross jurisdictional boundaries such as stigma reduction and workforce development.
- Further development and delivery of a two day Co-Morbidity Training Seminar was undertaken, aimed at workers from both the Alcohol and Other Drug and Mental Health fields. This training was delivered in Berri with support from SA Health staff, bringing a much needed training opportunity to the Riverland. Opportunities are being sought to deliver this training in other regional locations in the coming year.
- SANDAS has utilised an eNews facility to disseminate a high volume of information about resources, funding, training, professional development, news stories, journal articles and other information relevant to services seeking to increase capacity and effectiveness in working with clients with comorbid issues. A regular bulletin is sent to approximately 450 individuals.

Child Aware Training

SANDAS partnered with emergingminds and the Children of Parents with Mental Illness (COPMI) initiative to deliver Child Aware training. This provides clinicians with the skills to consider the needs of children in their work with adult clients who are also parents. It teaches practical approaches that seek to make the child 'visible' in treatment, consider the impact of alcohol and drug use upon children, and work to improve parent/child relationships.

Methamphetamine Training

SANDAS developed and delivered a full day Methamphetamine training for community service workers in Port Lincoln, with support from West Coast Youth and Community Support and the Southern Eyre Youth Network. The training addressed prevalence, issues and practical strategies for treating individuals who have developed problems with methamphetamine use. This was coupled with a community forum in the evening.

Mental Illness Medications & Drug Interactions

SANDAS partnered with Dr Peter Athanasos of the Queen Elizabeth Hospital to deliver a one day training to mental health support workers on the various psychiatric medications their clients may be prescribed, and how they are effected by the use of alcohol, illicit drugs, or other prescription medication.

Cannabis Training

Two SANDAS staff members have been trained to deliver cannabis workshops by the National Cannabis Prevention and Information Centre (NCPIC). SANDAS partnered with Drug ARM Australasia to deliver the "Cannabis – What You Need To Know", "Adolescent Cannabis Check Up (ACCU)" and "Quitting Cannabis? 1-6 Sessions" training to workers in the community sector.

Alcohol and Other Drug Training

SANDAS developed and delivered a half-day training for workers in organisations or businesses that may need to respond to individuals affected by the use of alcohol or other drugs. This included an examination of various drugs, understanding the effects of intoxication, withdrawal and overdose, and de-escalation techniques.

Co-Morbidity Training Sessions

SANDAS was one of three trainers invited to deliver sessions as part of the Salvation Army's Co-Morbidity Training, as part of a Partners in Recovery project designed to upskill workers.

Comorbidity: Challenges & Strategies

This two day workshop in Berri addressed the challenges and complexities of working with clients with co-occurring issues including drug and alcohol, mental health, and behavioural addictions.

I am pleased to present the Treasurer's report on behalf of the Board of SANDAS.

Financial Results

The 30 June 2016 financial report shows a profit for the year was \$18,911 and I would like to highlight the following in relation to the financial statements.

Income Statement

- The major source of income is the funding from SA Health (DASSA) and the Commonwealth Department of Health (DOH) representing \$142,858 and \$232,646 respectively.
- Overall the current year income of \$403,362 has decreased by 20% from the prior year total of \$502,830 due to a portion of carry over funds from 2014 being included in 2015.
- Other income of \$38,952 is attributable to external projects, interest, contributions and members' funds. We continue to seek opportunities to grow these additional income streams.
- Total expenses are \$384,451 which is a decrease of 20% over the previous year's total of \$483,466, which is in line with the reduction in income.

Balance Sheet

- The equity has increased to \$214,855 due to the profit generated during the year.
- The cash balances at 30 June are \$256,089 which is an increase from prior year's total of \$216,179.

There continues to be a competitive environment for the scarce government funding across all industries, including drug and alcohol services. The SANDAS board and management are working together to ensure we remain viable allowing the promotion of a vibrant sector and allow our members to take advantage of innovative developments in the assessment, delivery and treatment of services.

During the year I conducted finance training for my fellow board members in relation to our financial duties and responsibilities as directors. The training was designed as part of our continual governance improvement of SANDAS.

PKF Kennedy provided accounting and audit services to SANDAS and an unqualified audit opinion has been issued on the financial statements.

It is also worth noting SANDAS is on track to meet its reporting, legal and regularity obligations. On a personal note I would like to thank Michael White, Bec Rilett and the other Board members for the support they have offered during the year.

Mark Anders
SANDAS Treasurer

INDEPENDENT AUDIT REPORT TO THE MEMBERS OF SOUTH AUSTRALIAN NETWORK OF DRUGS AND ALCOHOL SERVICES INC.

Report on the Financial Report

We have audited the accompanying financial report, being a special purpose financial report, of South Australian Network of Drug and Alcohol Services Inc. (the association), which comprises the statement of financial position as at 30 June 2016 for the year then ended, the statement of profit and loss, a summary of significant accounting policies, other explanatory notes and the statement by members of the committee.

Committee's Responsibility for the Financial Report

The committee of the association is responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies described in Note 1 to the financial statements, which form part of the financial report, are consistent with the financial reporting requirements of the Associations Incorporation Act (SA) 1985 and are appropriate to meet the needs of the members. The committee's responsibilities also include designing, implementing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

The financial report has been prepared for distribution to members for the purpose of fulfilling the committee's financial reporting under the Associations Incorporation Act (SA) 1985. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of Australian professional ethical pronouncements.

**INDEPENDENT AUDIT REPORT TO THE MEMBERS OF
SOUTH AUSTRALIAN NETWORK OF DRUGS AND ALCOHOL SERVICES INC.**

Auditor's Opinion

In our opinion, the financial report of South Australian Network of Drug and Alcohol Services Inc. presents fairly, in all material respects the financial position of South Australian Network of Drug and Alcohol Services Inc. as of 30 June 2016 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements and the Associations Incorporations Act (SA) 1985.

Name of firm: PKF Kennedy

Name of partner: Steven A Russo CA



Address: Lvl 9, 81 Flinders Street, Adelaide SA

Dated this 24th day of October 2016

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Strategy, Policy and Advocacy Committees and Reference Groups

As the peak body of AOD NGO services in SA, SANDAS is represented on a variety of government, sector, and human services committees and reference groups. These include:

- Adelaide PHN Mental Health Priority Group
- AOD Peaks Network
- Australian Professional Society of Alcohol and other Drugs (APSAD)
- APSAD National Committee,
- Conference Organising Committee
- Scientific Program Committee
- DASSA Alcohol Management Reference Group
- DASSA Drug and Alcohol Service Planning Model Working Group
- DASSA Outcome Measures Working Group
- DASSA Police Drug Diversion Initiative State Reference Group
- DASSA Shared Care/Stepped Care Working Group
- FADNET (Family Alcohol and Drug Network)
- Headspace Berri
- Human Services Partnership Forum
- Justice Reinvestment SA
- Odyssey House Victoria Gambling Working Group
- Peaks Capacity Building Network
- SACOSS Policy Council
- SANDAS Comorbidity Network Group
- SANDAS South Australian Youth AOD Services Network
- Southern Family AOD & MH Community of Practice

State Representation

- Hon. Peter Malinauskas, Minister for Correctional Services
- Hon. Rachel Sanderson MP
- Hon. Tony Piccolo, Minister for Correctional Services
- Hon. Sam Duluk MP

National Representation

- Minister Nash, Minister responsible for Alcohol and Other Drugs
- Parliamentary Joint Committee on Law Enforcement - inquiry into crystal methamphetamine (ice)
- Joint Parliamentary Working Party on Drug Law Reform Forum
- Lisa McGlynn Assistant Secretary Drug Strategy Branch, DoH
- IGCD Annual Stakeholders Forum
- National Alcohol Strategy Development Consultation
- Federal Election Position Statement
- Senator Nick Xenophon

SANDAS Membership - ORGANISATIONS

Aboriginal Prisoners & Offenders Support Services
Aboriginal Sobriety Group
Baptist Care
Catherine House
Centacare
Community Access and Support SA
Cornerstone Housing Limited
Drug ARM Australasia
Encounter Youth
Family Drug Support
Grandparents for Grandchildren
Hepatitis SA
Hutt Street Centre
Life Education SA
Life Without Barriers
Mind Australia
Mission Australia
Neami National
NOFASD Australia
Northern Area Community and Youth Services
OARS Community Transitions
Port Lincoln Aboriginal Health Service Inc
Relationships Australia
Riverland GP
SMART Recovery
Substance Misuse Service
Teen Challenge
Towards Independence
Umoona Tjutagku Health Service
Uniting Communities
Visible Recovery
West Coast Youth and Community Support

SANDAS Membership - INDIVIDUALS

Andris Banders
Barry White
Bill Miliotis
Jane Barr
Jeremy Davidson-Tear
Kane Spooner
Liz Jarrett
Margaret Pope
Mark Anders
Mark Hubbard
Nory Fensom
Rachael Moore

Submissions and Publications

Submissions

- SA Liquor Licensing Review
- National Drug Strategy

Publications

- "Slots & Shots – A Gambling Resource for AOD Workers"
- "When gambling is also a problem" – client flier
- "When gambling is also a problem" – wall poster



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