

Alcohol & Other Drug (AOD) Treatment Services

Fiona Hill & Allan Trifonoff
Capacity Building Coordinators, Adelaide PHN

SANDAS State AOD Treatment Forum
22 July, 2021

connecting you to health

phn
ADELAIDE

An Australian Government Initiative



We acknowledge the Kurna peoples who are the Traditional Custodians of the Adelaide Region. We pay tribute to their physical and spiritual connection to land, waters and community, enduring now as it has been throughout time. We pay respect to them, their culture and to Elders past and present.

Overview

- Commissioning Cycle
- Needs Assessment
- Design: Adelaide PHN AOD Treatment and Quality Framework
- Design: Consultation
- Procurement, Contracts and Compliance
- Monitoring and Evaluation: Outcomes
- Monitoring and Evaluation: Data Collection

Commissioning Cycle



Needs Assessment

- Annual Needs Assessment:
 - Adelaide PHN Needs Assessment Framework informs the needs assessment process
 - Collects information, analyses health and service needs of the Adelaide PHN region including emerging substances of concern and access to services
 - Consultations with membership groups and key stakeholders to inform priority setting and identify new and emerging needs
 - Used to inform prioritisation and targeted activities to address identified need
- 2020: Adelaide PHN worked with DASSA and Country SA PHN to contribute to a statewide AOD needs assessment. Findings will inform the Adelaide PHN Needs Assessment November 2021.

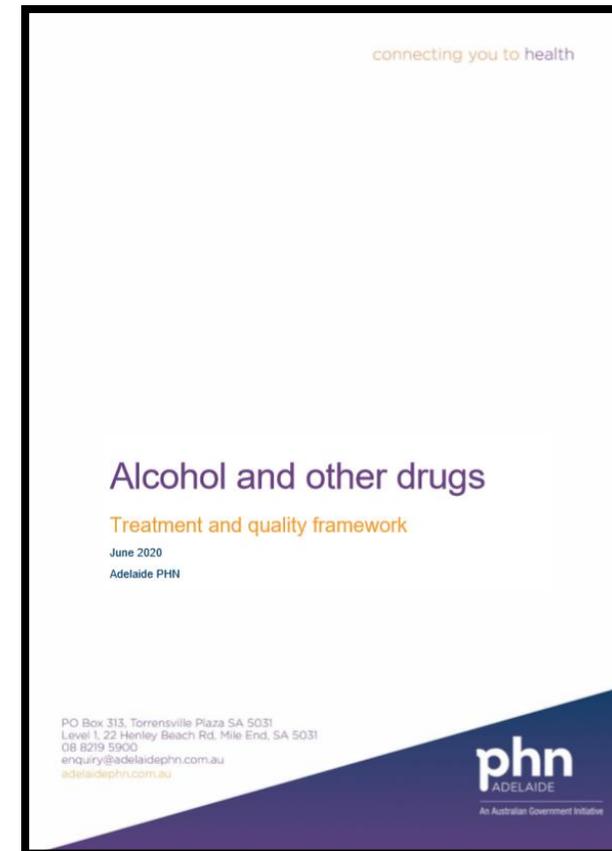
Needs Assessment

AOD Priorities 2021-22:

- Priority populations have access to high quality AOD treatment services and interventions
- Primary health care (PHC) providers identify and support people with substance use issues and understand the scope of AOD treatment services and PHC services
- People requiring AOD treatment services in Adelaide are supported by a sufficient, safe, skilled and appropriate workforce
- Integration and partnership between AOD and PHC services improves continuity of care and experiences
- Increase access to and availability of culturally appropriate AOD treatment services, particularly alcohol and illicit drugs for Aboriginal and Torres Strait Islander people

Design: Adelaide PHN AOD Treatment & Quality Framework

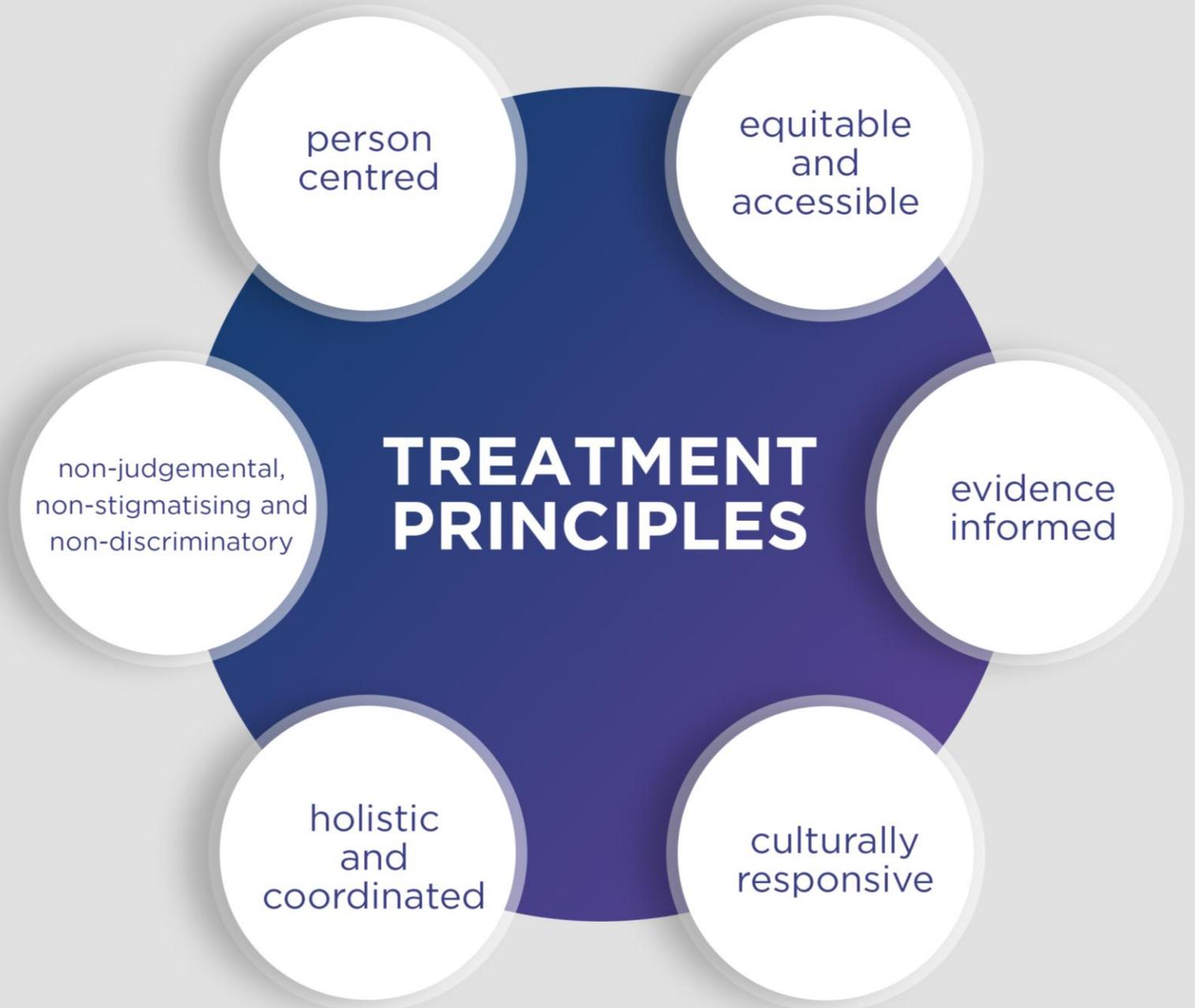
- Translates Needs Assessment into outcomes-based service model and projects to be commissioned
- Collaborative process – drawing on expertise, experience, capabilities, knowledge and data of key stakeholders
- Avoid duplication – aim to commission a complementary mix of services to DASSA
- Align with Adelaide PHN and Commonwealth strategic and performance frameworks



Design: Principles

Support consistent, high quality service delivery across the region:

- Treatment principles
- Quality principles
- Governance principles



Design: priority groups and populations

- Aboriginal and Torres Strait Islander people
- Children and young people
- Culturally and linguistically diverse communities
- Lesbian, gay, bisexual, transgender, intersex and queer/questioning (LGBTIQ) communities
- Older people
- People in contact with the criminal justice system
- Methamphetamine

Design: Interventions

- Framework notes which ones are out of scope
- Appendix describes in detail expected elements of each

HARM REDUCTION

- Peer support
- Family support
- Drop in services
- Information and education

INTENSIVE

- Counselling
- Withdrawal management
- Non-residential rehabilitation
- Pharmacotherapy (limited)

SCREEN, ASSESS, COORDINATE

- Screening
- Brief interventions
- Assessment
- Care and recovery coordination and case management
- Consultation liaison for inpatients admitted to hospital

Design: Consultation

- AOD sector, Aboriginal and Torres Strait Islander sector and lived experience – interviews, online forums, surveys
- Stakeholder's satisfaction that the Framework supports efficient, effective AOD treatment services directed at the areas of greatest need
- Informed specific treatment service design for Aboriginal communities

Key themes:

- Support development of peer workforce
- Care coordination and practical based support
- Harm reduction over the life course, particularly for cannabis use
- Aftercare is a key for relapse prevention
- Cultural awareness and safety strategies are essential
- Integration opportunities need to be further developed
- Consistency in performance and outcome measurement will improve data

Procurement, contracts and compliance

Confirmed providers from 1 July 2021:

Mission Australia

- Drug and Alcohol Youth Outreach – young people aged 10-25 years. Locations: Adelaide, Elizabeth, Hindmarsh and Noarlunga
- Partners Toward Wellbeing – mild and/or moderate comorbid MH and AOD. Partnership with Sonder. Locations: North West Hub; Southern Hub; Outer Southern Spoke, outreach, GPs, ACCHOs, youth services

Uniting Communities

- Streetlink – young people aged 10-25 years with complex needs. Locations: Adelaide CBD, Southern and Northern Adelaide

Nunkuwarrin Yunti

- Harm Minimisation Team – Aboriginal and Torres Strait Islander people aged 15+ years with complex AOD issues. Locations: Adelaide CBD, Northern and Southern Adelaide

Procurement, Contracts and Compliance

Confirmed providers from 1 July 2021:

Thorne Harbour Health

- LGBTIQ AOD Treatment Service – onsite and outreach services and support. Locations: Adelaide, Woodville and outreach

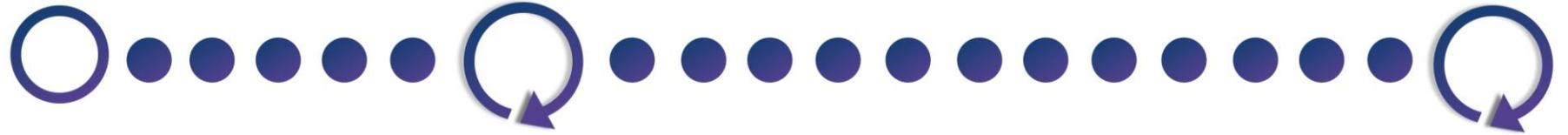
PsychMed

- Matrix Methamphetamine Treatment Program – people with significant substance use issues aged 18+ undergoing drug replacement therapy with a GP. Includes methamphetamine or cocaine or combined with opioid use. Locations: Adelaide, Gilles Plains and Seaview Downs

OARS

- Community Transitions Drug and Alcohol Program – people aged 18+ recently released from DCS custody or in contact with criminal justice system. Locations: Adelaide, Port Adelaide & Christies Beach

**Monitoring & Evaluation:
Outcomes
focused**



IN THE
**SHORT
TERM**

People across metropolitan Adelaide can access appropriate AOD treatment services

Providers deliver culturally appropriate services for Aboriginal and Torres Strait Islander people

Local workforce has suitable cultural and clinical skills to address health needs across the region

Health care providers have an integrated approach to AOD treatment services

IN THE
**LONG
TERM**

People in the Adelaide PHN region are at a decreased risk of harm associated with substance use

Monitoring and Evaluation: ATOP and ADOM

All Adelaide PHN-funded service providers are required to use the Australian Treatment Outcomes Profile (ATOP) and/or Alcohol and Drug Outcome Measure (ADOM) to measure client outcomes including:

1. Overall decrease in the frequency of AOD use
2. Increase in a client's:
 - a) Psychological health
 - b) Physical health
 - c) Overall quality of life.

Monitoring and Evaluation: Data Collection

- Standardised AOD data collection spreadsheet developed by Adelaide PHN for use by all commissioned service providers “Adelaide PHN AOD TS MDS”
- Uses the AIHW’s Alcohol and Other Drug Treatment Service National Minimum Dataset (“AODTS NMDS”) and records:
 - Service activity including referrals / service contacts
 - ATOP items
 - ADOM items
 - K10+ and K5 items
- Adelaide PHN is also developing a secure online data entry and collection portal

Questions