



PORT LINCOLN

# HEALING CIRCLES

DAY CENTRE

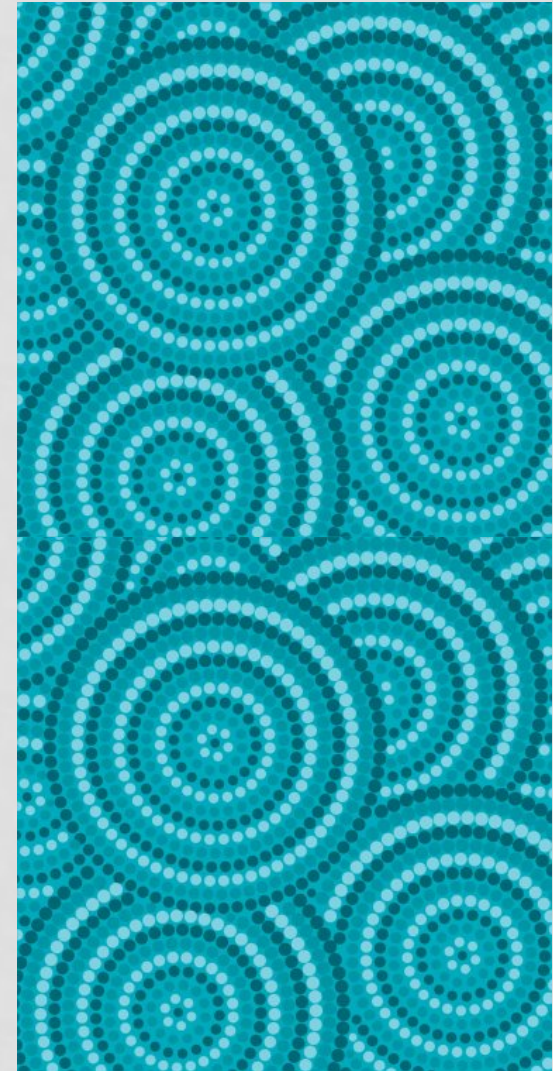
# HEALING CIRCLE AIM

We aim to be the 'go to' AOD service provider for anyone suffering the effects of alcohol and other drugs in the lower EP.

- ❖ Closest day centres are in Ceduna and Port Augusta (3.5 and 4hr away, respectively)
- ❖ The EP has the second highest risk of 'alcohol as a lifetime risk' and 'alcohol injury risk'
- ❖ We are Seeing increased harms from methamphetamine misuse and our pilot healing circles day centre aims to reduce these harms.

# IMPROVE WELL-BEING IN 6 KEY AREAS

- Alcohol and other drug support
- Mental health and well-being
- Suicide prevention support
- Aboriginal family and community health
- Homelessness
- Living skills



# HEALING CIRCLES SERVICES

- Individual counselling
- Case Management
- Group programs
- Peer support



# HEALING CIRCLES PROGRAMS

- Deadly Thinking
- SMART Recovery
- DV perpetrators intervention program
- Life skills program
- Seasons of Growth
- Art therapy
- Hep C awareness program
- Safer injecting harm minimisation program.



Life beyond addiction



Thank you

from

Healing Circles  
Day Centre  
Port Lincoln

